

Completed the 5K at the 2023 Molalla Firecracker 5K in

33:02.7



July 4, 2023

| Overall: | 75/122 | Bib No: | 92 |
|------------|--------|-----------|---------|
| Div Place: | 7/15 | Division: | F30-39 |
| Sex Place: | 23/58 | Pace: | 10:39.0 |