

# *Finisher Certificate*

## **Melissa Parras**

*Completed the 5K at the 2023 Bridgeway Recovery Run in*

# **26:19.9**



**September 30, 2023**

Overall: 20/251

Bib No: 689

Div Place: 3/12

Division: F45-49

Sex Place: 8/110

Pace: 8:29.0