## Finisher Pertificate Melissa Parras

Completed the 5K at the 2023 Bridgeway Recovery Run in

26:19.9



## **September 30, 2023**

Overall: 20/251 Bib No: 689

Div Place: 3/12 Division: F45-49

Sex Place: 8/110 Pace: 8:29.0