

Completed the 5K at the 2023 Bridgeway Recovery Run in

34:32.5



September 30, 2023

| Overall: | 50/251 | Bib No: | 665 |
|------------|--------|-----------|---------|
| Div Place: | 8/18 | Division: | F30-34 |
| Sex Place: | 25/110 | Pace: | 11:08.0 |