

Completed the 5K at the 2023 Run On The River in

28:12.1



May 13, 2023

| Overall:   | 16/526 | Bib No:   | 644    |
|------------|--------|-----------|--------|
| Div Place: | 1/18   | Division: | F30-34 |
| Sex Place: | 5/166  | Pace:     | 9:05.0 |