

Completed the 5K at the 2023 Run On The River in

59:47.3



May 13, 2023

| Overall:   | 187/526 | Bib No:   | 610     |
|------------|---------|-----------|---------|
| Div Place: | 9/11    | Division: | F45-49  |
| Sex Place: | 128/166 | Pace:     | 19:15.0 |