

# *Finisher Certificate* **Amber Frost**

*Completed the 5K at the 2023 Crush Cancer in*

**42:59.6**



**May 20, 2023**

Overall: 31/182

Div Place: 5/16

Sex Place: 17/95

Bib No: 61

Division: F30-39

Pace: 13:51.0