## Finisher Pertificate Shad Helmes

Completed the 10K at the 2024 Race For Warmth in

47:03.3



## **January 28, 2024**

Overall: 32/1108 Bib No: 554

Div Place: 6/23 Division: M30-34

Sex Place: 28/156 Pace: 7:35.0