

Finisher Certificate

Keegan La Fon

Completed the 5K at the 2023 Bridgeway Recovery Run in

34:01.0



September 30, 2023

Overall: **48/251**

Bib No: **503**

Div Place: **6/18**

Division: **F30-34**

Sex Place: **23/110**

Pace: **10:57.0**