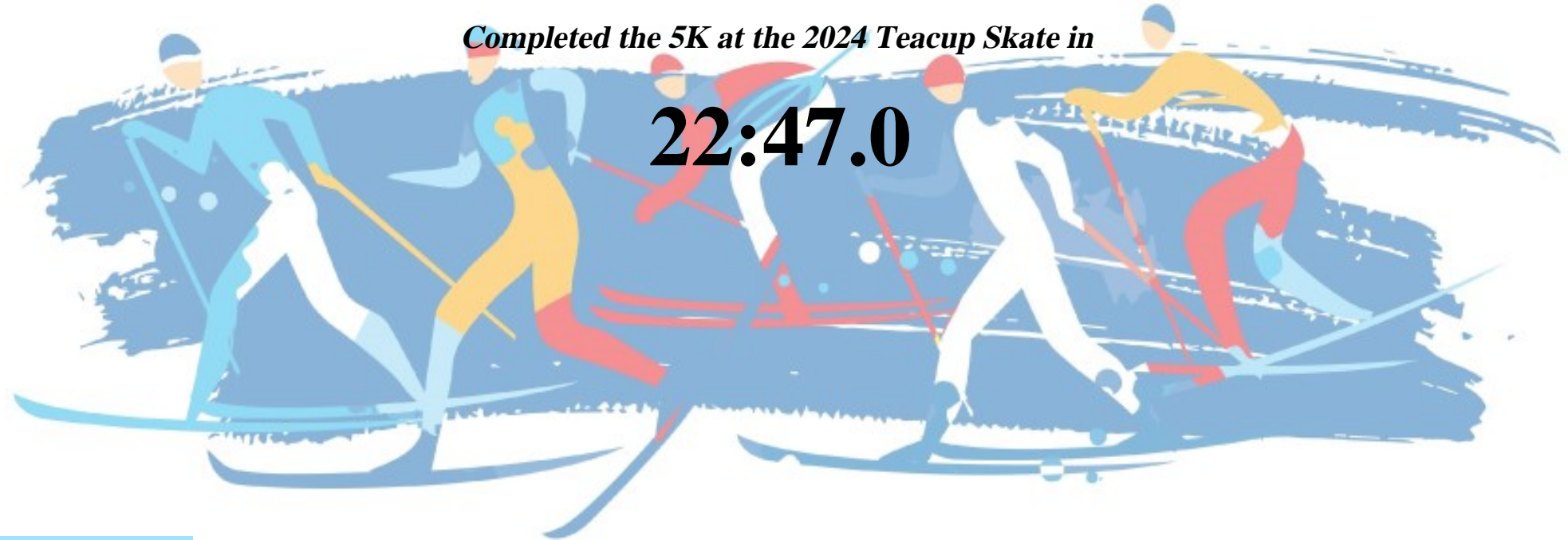


# Finisher Certificate

## Ellen Sheedy

*Completed the 5K at the 2024 Teacup Skate in*

**22:47.0**



TEACUP  
NORDIC



**March 23, 2024**

Overall: 12/68

Div Place: 2/2

Sex Place: 7/8

Bib No: 49

Division: F40-49

Pace: 4:34.0