

Completed the 10K at the 2023 Scandia Run in

## 1:03:52.2



## August 12, 2023

| Overall:   | 228/632 | Bib No:   | 46      |
|------------|---------|-----------|---------|
| Div Place: | 12/22   | Division: | F40-49  |
| Sex Place: | 83/136  | Pace:     | 10:17.0 |