

Finisher Certificate

Shanna Delong

Completed the 5K at the 2023 Bridgeway Recovery Run in

42:23.7



September 30, 2023

Overall: **84/251**

Bib No: **442**

Div Place: **8/14**

Division: **F35-39**

Sex Place: **46/110**

Pace: **13:39.0**