## Finisher Pertificate John Bremer

Completed the 5K at the 2023 Blue Heron Half & 5K in

28:34.2



## **April 30, 2023**

Overall: 17/109 Bib No: 420

Div Place: 2/4 Division: M60-69

Sex Place: 13/26 Pace: 9:12.0