

# *Finisher Certificate*

## **Ryan Swindle**

*Completed the 5K at the 2023 Blue Heron Half & 5K in*

# **21:28.1**



**April 30, 2023**

Overall: **3/109**

Bib No: **418**

Div Place: **2/5**

Division: **M30-39**

Sex Place: **3/26**

Pace: **6:55.0**