

# *Finisher Certificate* **Wayde Cook**

*Completed the 5K at the 2023 Run For Your Life in*

**29:12.9**



**October 22, 2023**

Overall: 45/233

Bib No: 41

Div Place: 3/6

Division: M15-19

Sex Place: 28/114

Pace: 9:25.0