

# *Finisher Certificate*

## **Erik Parrish**

*Completed the 5K at the 2023 Scandia Run in*

# **30:19.8**



**August 12, 2023**

Overall: 126/632

Bib No: 380

Div Place: 10/22

Division: M40-49

Sex Place: 77/141

Pace: 9:46.0