

# *Finisher Certificate*

## **Ted Alfond**

*Completed the MS Boys at the 2019 Runners Roost XC Invitational in*

# **22:03.3**



**September 24, 2019**

Overall: 307/796

Bib No: 301

Div Place: 100/140

Division: M7

Team Place: 15

Pace: 11:02.0