

# *Finisher Certificate*

## **Rick Edrich**

*Completed the 5K at the 2023 Blue Heron Half & 5K in*

# **29:27.5**



**April 30, 2023**

Overall: 18/109

Div Place: 3/4

Sex Place: 14/26

Bib No: 297

Division: M60-69

Pace: 9:29.0