

# *Finisher Certificate*

## **Nicole Cox**

*Completed the 5K at the 2023 Blue Heron Half & 5K in*

# **32:14.4**



**April 30, 2023**

Overall: 28/109

Div Place: 2/3

Sex Place: 10/23

Bib No: 292

Division: F40-49

Pace: 10:23.0