

# *Finisher Certificate*

## **John Meadows**

*Completed the 10K at the 2023 R2L Bridge Run in*

# **49:39.6**



**April 23, 2023**

Overall: 19/368

Bib No: 283

Div Place: 3/28

Division: M40-44

Sex Place: 18/143

Pace: 8:00.0