

# *Finisher Certificate*

## **Nancy Thonen**

*Completed the 5K at the 2023 Blue Heron Half & 5K in*

# **24:52.8**



**April 30, 2023**

Overall: 9/109

Div Place: 1/3

Sex Place: 1/23

Bib No: 281

Division: F50-59

Pace: 8:01.0