

# *Finisher Certificate* **Lance Casey**

*Completed the 5K at the 2023 Run For Your Life in*

**53:26.9**



**October 22, 2023**

Overall: 181/233

Bib No: 28

Div Place: 14/16

Division: M25-29

Sex Place: 84/114

Pace: 17:13.0