

Completed the 5K at the 2023 Heaven Can Wait 5K in

44:59.2



October 1, 2023

| Overall: | 144/291 | Bib No: | 2778 |
|------------|---------|-----------|---------|
| Div Place: | 4/26 | Division: | M70-99 |
| Sex Place: | 54/242 | Pace: | 14:29.0 |