

Finisher Certificate

John Sheehan

Completed the Half at the 2023 Blue Heron Half & 5K in

1:52:56.1



April 30, 2023

Overall: **19/109**

Div Place: **3/6**

Sex Place: **15/42**

Bib No: **276**

Division: **M50-59**

Pace: **8:38.0**