

Finisher Certificate

Cynthia Krostal

Completed the 5K at the 2023 Blue Heron Half & 5K in

49:36.5



April 30, 2023

Overall: 47/109

Div Place: 1/1

Sex Place: 21/23

Bib No: 238

Division: F60-69

Pace: 15:59.0