

# *Finisher Certificate*

## **Katia Ames**

*Completed the 5K at the 2023 Harrisburg Firecracker 5K in*

# **23:33.9**



**July 2, 2023**

Overall: 9/111

Div Place: 2/10

Sex Place: 3/69

Bib No: 237

Division: F30-39

Pace: 7:36.0