

# *Finisher Certificate*

## **Lauren Midwood**

*Completed the 5K at the 2023 Miles For Moms in*

# **57:09.1**



**Miles for Moms 5K**

**May 6, 2023**

Overall: **49/101**

Div Place: **4/9**

Sex Place: **30/75**

Bib No: **216**

Division: **F20-29**

Pace: **18:24.0**