

Completed the Mens 8K at the 2023 RMAC X-Country Championships in

26:35.8



October 21, 2023

| Overall: | 78/373 | Bib No: | 2029 |
|-------------|--------|-----------|-----------------|
| Div Place: | 15/24 | Division: | M-Senior |
| Team Place: | 8 | Pace: | 5:22.0 |