## Finisher Pertificate Allyson Heiden

Completed the Womens 6K at the 2023 RMAC X-Country Championships in

23:27.9



## October 21, 2023

Overall: 54/373 Bib No: 1999

Div Place: 27/45 Division: F-Junior

Team Place: 2 Pace: 6:18.0