

Completed the 10K at the 2023 Prefontaine Memorial Run in

44:41.6



September 16, 2023

| Overall:   | 36/823 | Bib No:   | 195    |
|------------|--------|-----------|--------|
| Div Place: | 1/12   | Division: | M70-74 |
| Sex Place: | 33/228 | Pace:     | 7:12.0 |