

# *Finisher Certificate*

## **Jeff Arrowsmith**

*Completed the 5K at the 2023 Race For Warmth in*

# **55:58.8**



**January 29, 2023**

Overall: 520/1103

Bib No: 190

Div Place: 9/20

Division: M45-49

Sex Place: 204/402

Pace: 18:02.0