

# *Finisher Certificate*

## **Ashley Lard**

*Completed the 10K at the 2023 Scandia Run in*

# **1:20:30.2**



**August 12, 2023**

Overall: 282/632

Div Place: 18/22

Sex Place: 112/136

Bib No: 1890

Division: F40-49

Pace: 12:58.0