

# *Finisher Certificate*

## **Jay Wood**

*Completed the Mens 8K at the 2023 RMAC X-Country Championships in*

# **26:10.1**



**October 21, 2023**

Overall: 58/373

Div Place: 9/33

Team Place: 2

Bib No: 1881

Division: M-Frosh

Pace: 5:16.0