

# *Finisher Certificate* **Glenn Buchanan**

*Completed the 5K at the 2023 Run For The Shamrock in*

**20:32.5**



**March 11, 2023**

Overall: 4/222

Bib No: 1847

Div Place: 1/6

Division: M50-54

Sex Place: 4/65

Pace: 6:37.0