

# *Finisher Certificate*

## **Lavon Medlock**

*Completed the 10M at the 2023 Mastondon Trail Run in*

# **2:22:21.9**



**March 5, 2023**

Overall: 147/150

Bib No: 184

Div Place: 26/35

Division: F40-49

Sex Place: 83/106

Pace: 14:37.0