

Completed the 5K at the 2023 Scandia Run in





August 12, 2023

| Overall: | 53/632 | Bib No: | 1795 |
|------------|--------|-----------|--------|
| Div Place: | 3/19 | Division: | F20-29 |
| Sex Place: | 15/172 | Pace: | 8:01.0 |