

# *Finisher Certificate*

## **Randy Spalding**

*Completed the 5K at the 2023 Miles For Moms in*

# **32:29.6**



**Miles for Moms 5K**

**May 6, 2023**

Overall: 21/101

Div Place: 2/3

Sex Place: 11/49

Bib No: 177

Division: M60-99

Pace: 10:28.0