

Finisher Certificate

Randy Spalding

Completed the 5K at the 2023 Miles For Moms in

32:29.6



Miles for Moms 5K

May 6, 2023

Overall: 21/101

Div Place: 2/3

Sex Place: 11/49

Bib No: 177

Division: M60-99

Pace: 10:28.0