

# *Finisher Certificate*

## **Shelly Lundahl**

*Completed the 5K at the 2023 Cardv 5K in*

# **28:32.8**



**Center Against Rape  
and Domestic Violence**

**May 13, 2023**

Overall: 41/307

Div Place: 1/18

Sex Place: 14/226

Bib No: 177

Division: F60-64

Pace: 9:12.0