## Finisher Pertificate Paul Nolen

Completed the 5K at the 2023 Tillamook YMCA Milk Run in

29:14.2



June 24, 2023

Overall: 23/133 Bib No: 165

Div Place: 5/7 Division: M19-30

Sex Place: 16/23 Pace: 9:25.0