

Completed the 10M at the 2023 Mastondon Trail Run in

1:32:29.9



March 5, 2023

| Overall: | 78/150 | Bib No: | 158 |
|------------|--------|-----------|--------|
| Div Place: | 4/19 | Division: | F50-59 |
| Sex Place: | 31/106 | Pace: | 9:30.0 |