

# *Finisher Certificate*

## **Tom Laster**

*Completed the 5K at the 2023 Cardv 5K in*

# **56:52.3**



**Center Against Rape  
and Domestic Violence**

**May 13, 2023**

Overall: 183/307

Div Place: 3/9

Sex Place: 73/122

Bib No: 158

Division: M40-44

Pace: 18:19.0