

Finisher Certificate

Tom Laster

Completed the 5K at the 2023 Cardv 5K in

56:52.3



**Center Against Rape
and Domestic Violence**

May 13, 2023

Overall: 183/307

Div Place: 3/9

Sex Place: 73/122

Bib No: 158

Division: M40-44

Pace: 18:19.0