

Completed the 5K at the 2023 Run With The Duck in

30:43.6



October 20, 2023

| Overall: | 96/226 | Bib No: | 1416 |
|------------|--------|-----------|--------|
| Div Place: | 6/22 | Division: | M40-49 |
| Sex Place: | 57/162 | Pace: | 9:54.0 |