

Completed the 5K at the 2023 Cardv 5K in

36:22.9



May 13, 2023

| Overall: | 101/307 | Bib No: | 140 |
|------------|---------|-----------|---------|
| Div Place: | 4/31 | Division: | F45-49 |
| Sex Place: | 48/226 | Pace: | 11:43.0 |