

# *Finisher Certificate*

## **David Helder**

*Completed the 5K at the 2023 OTC Monthly Run/Walk Series #4 in*

# **24:33.6**



**Oregon Track Club**  
**It's for everyone!**

**June 8, 2023**

Overall: 25/108

Div Place: 4/7

Sex Place: 20/48

Bib No: 1397

Division: M40-44

Pace: 7:55.0