

# *Finisher Certificate*

## **Valerie Ells**

*Completed the 10M at the 2023 Mastondon Trail Run in*

# **1:16:54.3**



**March 5, 2023**

Overall: 27/150

Div Place: 3/40

Sex Place: 5/106

Bib No: 126

Division: F30-39

Pace: 7:54.0