

Completed the 5K at the 2023 Michael Bryson 5K Shuffle in

57:52.0



August 5, 2023

| Overall: | 40/61 | Bib No: | 122 |
|------------|-------|-----------|---------|
| Div Place: | 6/11 | Division: | F40-49 |
| Sex Place: | 24/52 | Pace: | 18:38.0 |