

Completed the 10K at the 2023 Race For Warmth in

47:07.7



January 29, 2023

| Overall: | 17/1103 | Bib No: | 1201 |
|------------|---------|-----------|--------|
| Div Place: | 3/14 | Division: | M40-44 |
| Sex Place: | 15/137 | Pace: | 7:36.0 |