Finisher CertificateCraig Foreman

Completed the 5K at the 2024 Blue Heron Half in

44:48.6



April 21, 2024

Overall: 20/62 Bib No: 117

Div Place: 2/3 Division: M70-99

Sex Place: 7/9 Pace: 14:26.0

Rocky Mountain Road Runners
Blue Heron Half Marathon

Results by Eclectic Edge Racing